

A man in a neon yellow t-shirt and black shorts is running up a set of red stairs in a stadium. The stairs are flanked by rows of white plastic seats. The man is seen from behind, and his shadow is cast on the stairs. A black horizontal bar with white text is overlaid across the middle of the image.


OVERCOMING TEMPTATION!

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MATTHEW 26:36-39


MARK 14:32-42; LUKE 22:39-46;



Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there." ³⁷ And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed. ³⁸ Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me." ³⁹ He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will."

⁴⁰ Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me one hour?"

MATTHEW 26:36-46



Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.” 42 Again, a second time, He went away and prayed, saying, “O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done.” 43 And He came and found them asleep again, for their eyes were heavy. 44 So He left them, went away again, and prayed the third time, saying the same words. 45 Then He came to His disciples and said to them, “Are you still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners. 46 Rise, let us be going. See, My betrayer is at hand.”

MATTHEW 26:36-46



John 11

JESUS WEEPT

AS JESUS APPROACHED
JERUSALEM AND SAW THE
CITY, HE WEPT OVER IT

Luke 19:41



Matthew 26:41

Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.”





Matthew 26:36-37

Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there." 37 And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed

—
**The
meal is
over**



*And when they had sung a hymn, they
went out into the Mount of Olives.*



Matthew 26:30

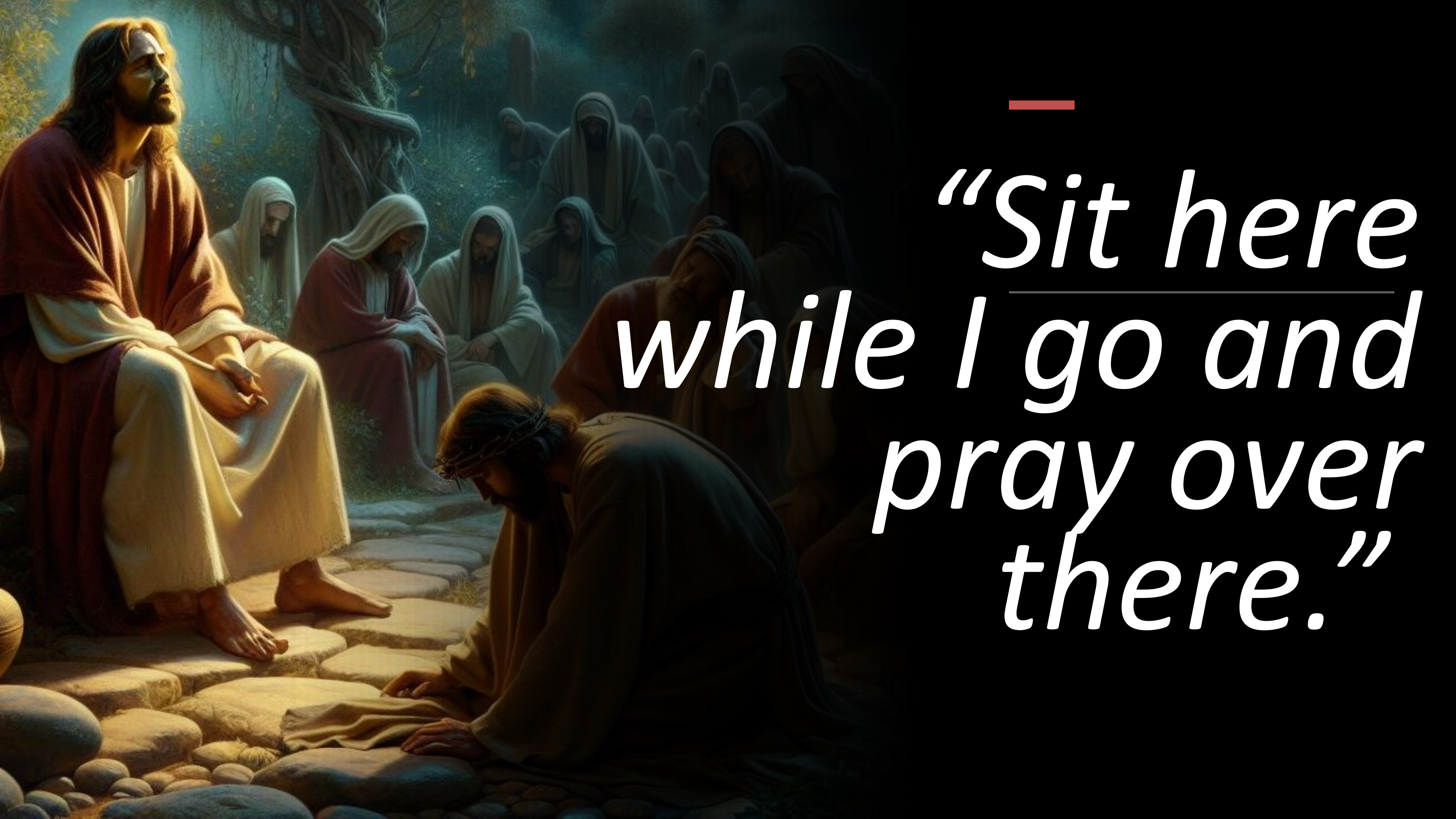
**Gethsemane
means “olive
press.”**



And Judas, who betrayed Him, also knew the place; for Jesus often met there with His disciples.

John 18:2





—
*“Sit here
while I go and
pray over
there.”*



Matthew 26:2

“You know that after two days is the Passover, and the Son of Man will be delivered up to be crucified.”

A shepherd in a purple shirt and dark vest stands in a field, holding a long wooden staff. He is surrounded by a flock of sheep, some white and some brown. The background shows trees and a clear sky.

Matthew 26:31

*Then Jesus said to them, "All of you will be made to stumble because of Me this night, for it is written:
I will strike the Shepherd, And the sheep of the flock will be scattered."*

—
Matthew

26:41

“Watch and pray”



Matthew

26:37

“He took with Him Peter and the two sons of Zebedee, who were James and John.”



Archomai
Proerchomai, an
intense word
always used of
praying to God.

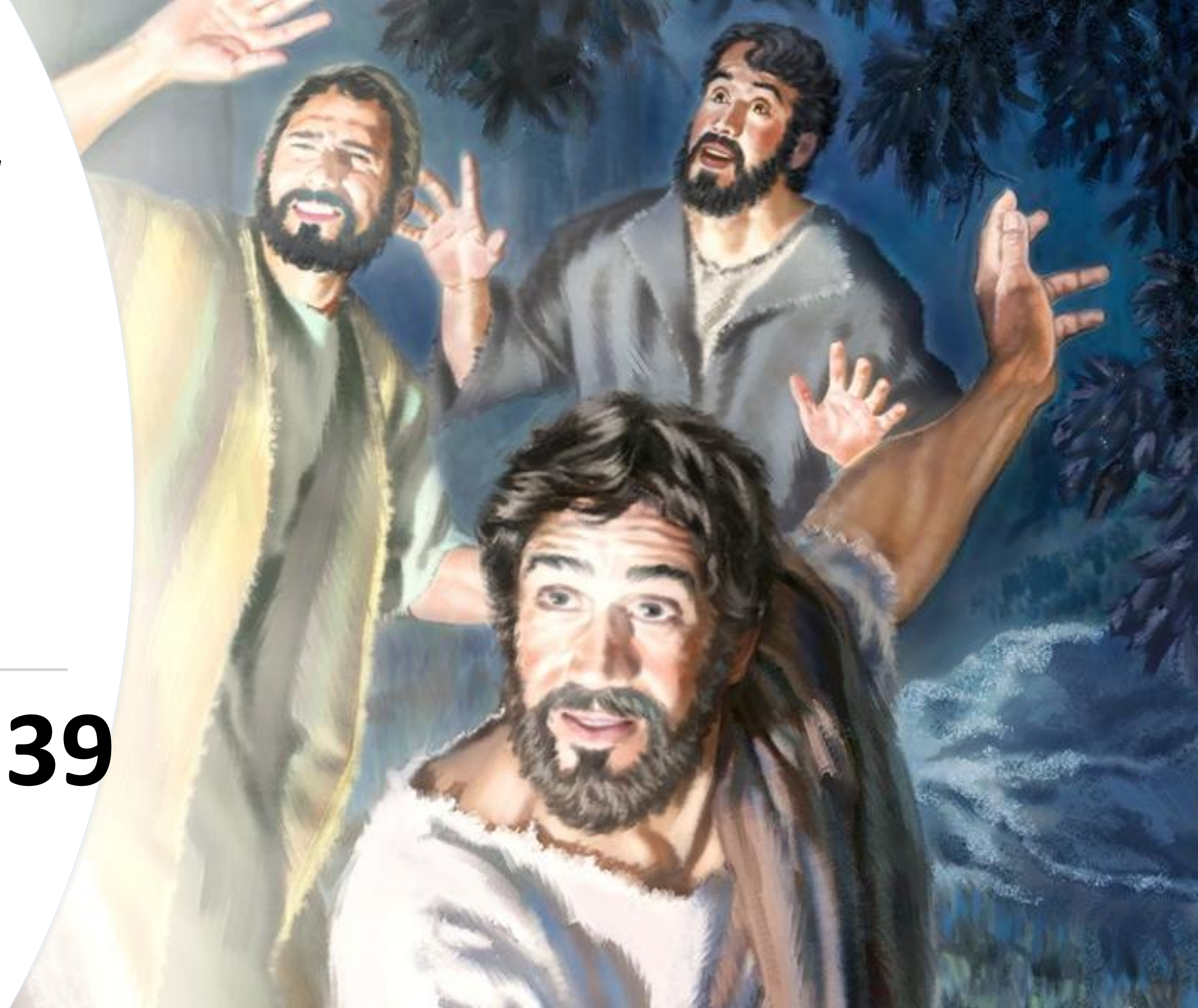



— Jesus
took
Peter,
James
and
John



*And he went a
little further,
and fell on his
face, and
prayed,*

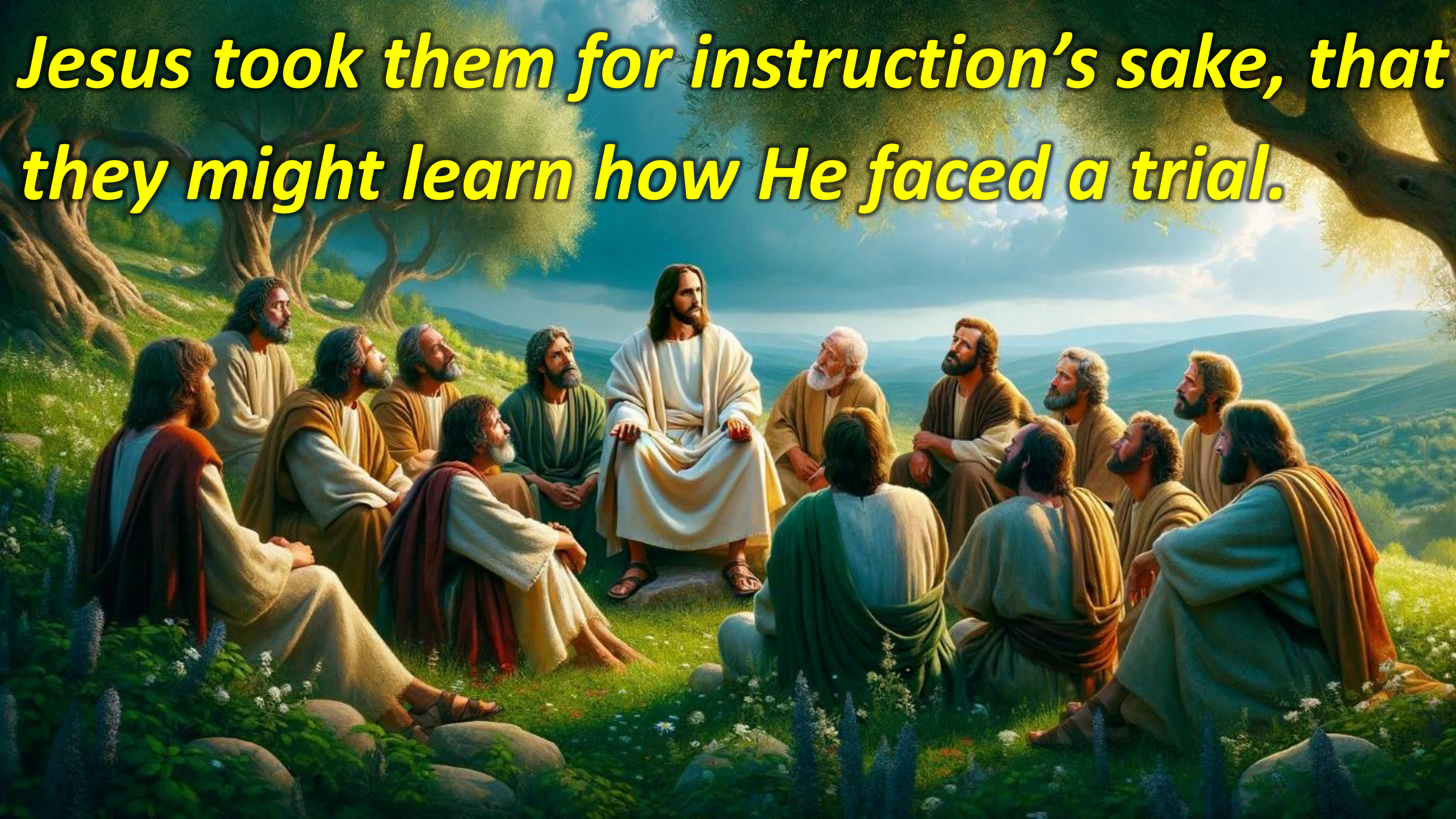
Matthew 26:39



A photograph of Jesus kneeling in prayer under a large, dark tree. He is wearing a white robe and has his hands clasped in front of him. The scene is set in a grassy field with a soft, golden light filtering through the leaves of the tree, creating a dramatic and contemplative atmosphere. The background shows a hazy landscape with rolling hills.

***There is a
Gethsemane in
all our lives.***

Jesus took them for instruction's sake, that they might learn how He faced a trial.





***you must not look to men,
but you must look to God.***

Hebrews 4:15

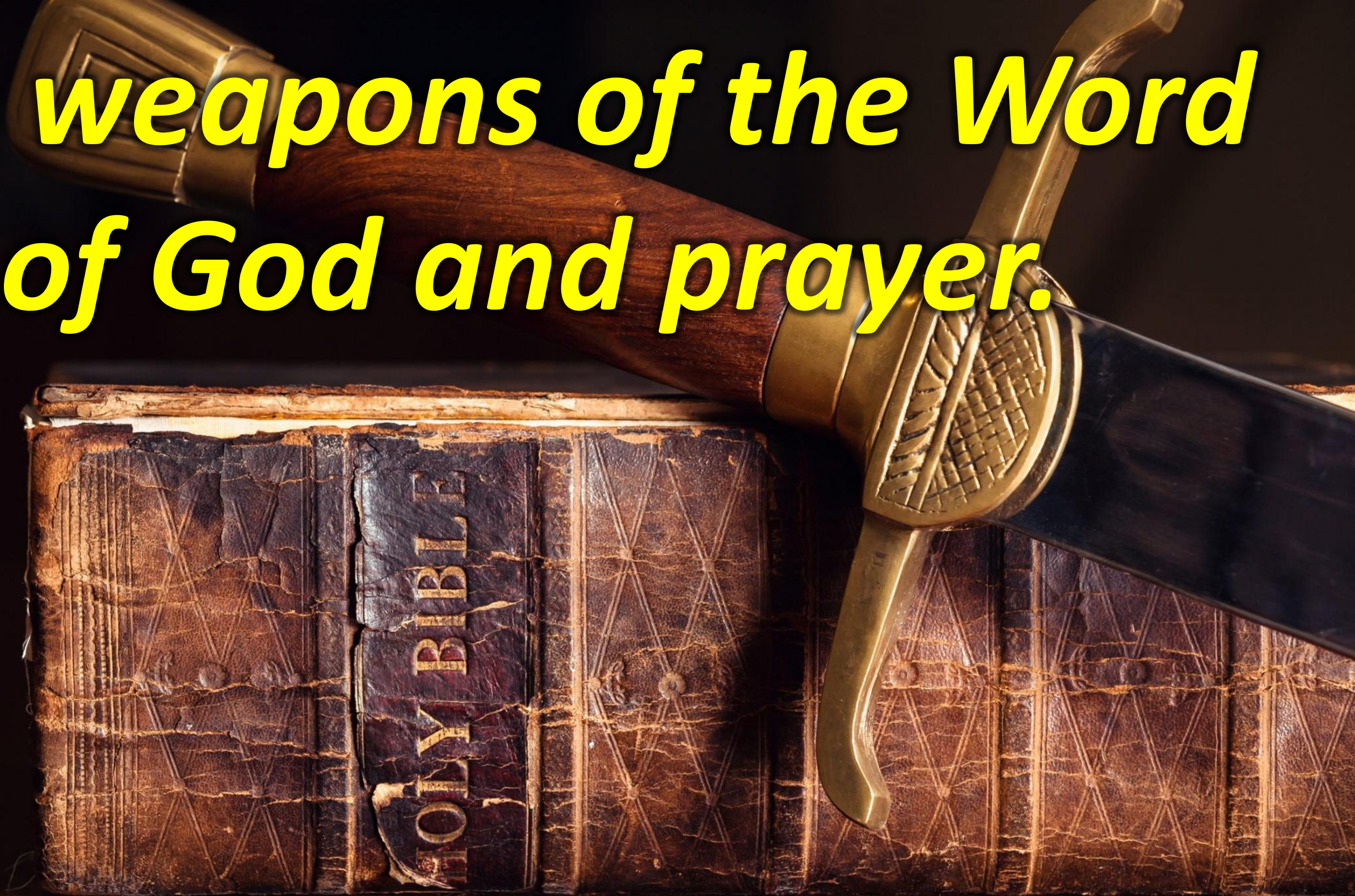
For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.





Matthew 4

***the weapons of the Word
of God and prayer.***



Ephesians 6:17-18

And take the helmet of salvation, and the sword of the Spirit, which is the word of God; ¹⁸ praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints.





Matthew 26:38

Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me."



John 11:33-35

When Jesus saw her weeping, and the Jews who had come along with her also weeping, he was deeply moved in spirit and troubled. ³⁴ “Where have you laid him?” he asked. “Come and see, Lord,” they replied. ³⁵ Jesus wept.

A person is kneeling in prayer on a grassy hill, silhouetted against a bright sunset. The sun is low on the horizon, creating a warm, golden glow. The person's hands are clasped in front of them, and their head is bowed. The background shows rolling hills under a hazy sky.

Psalm 42

WHY ARE YOU DOWNCAST, O MY SOUL?
WHY SO DISTURBED WITHIN ME? PUT YOUR HOPE IN GOD,
FOR I WILL YET PRAISE HIM, MY SAVIOR AND MY GOD.

Hebrews 2:9

But we do see Jesus, who was made lower than the angels for a little while, now crowned with glory and honour because he suffered death, so that by the grace of God he might taste death for everyone.



Matthew 16:23

But He turned and said to Peter, "Get behind Me, Satan! You are an offense to Me, for you are not mindful of the things of God, but the things of men."



Matthew 26:38

Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me."



A group of men in traditional robes walking through a wooded area at night. The man in the center is wearing a white robe and has his arms crossed. The background is dark with some foliage visible.

—
Matthew
26:38

*Stay here and
watch with Me.*



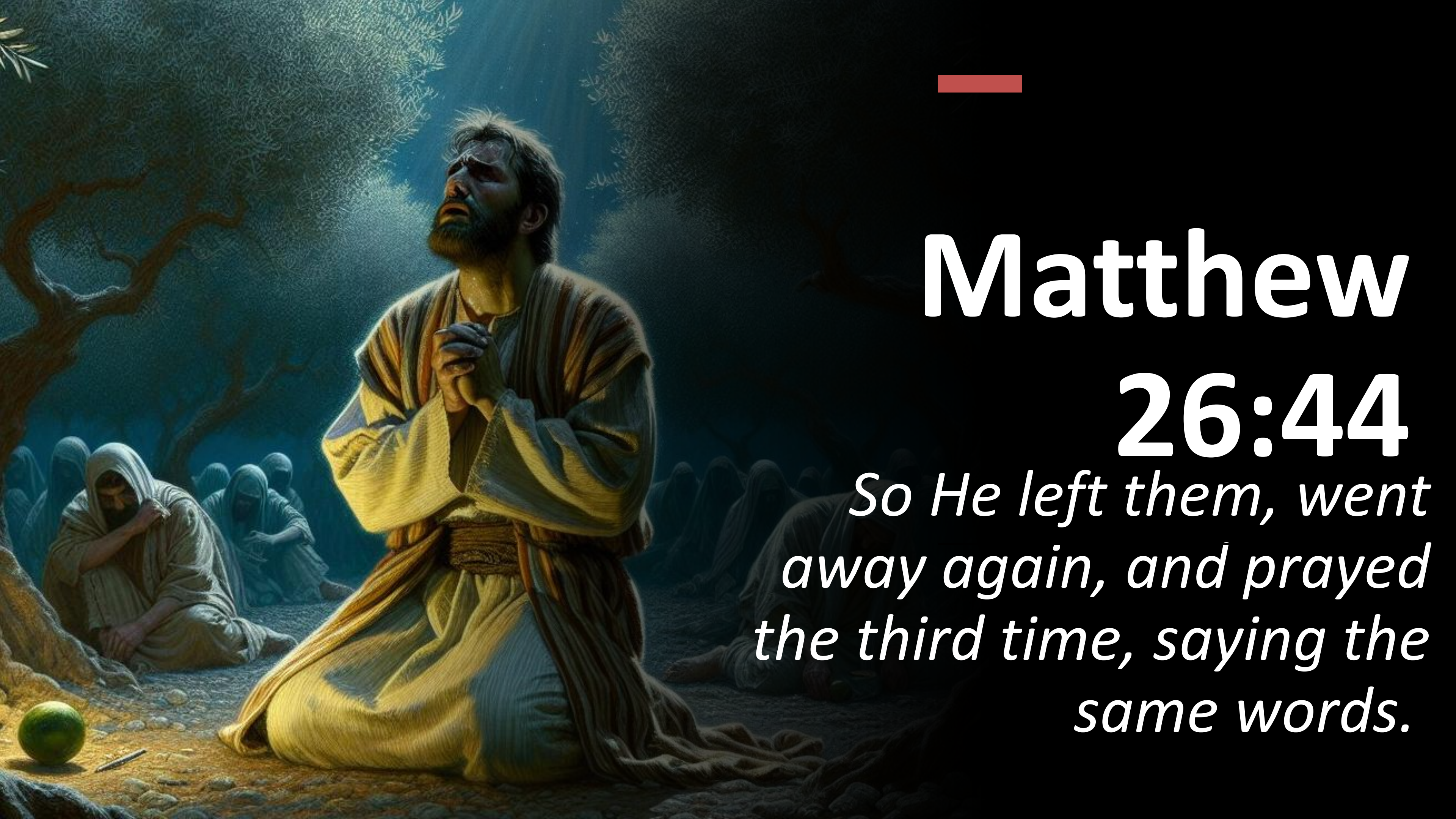
—
Matthew
26:39

*He went a little
farther and fell
on His face, and
prayed,*

Matthew 26:42

*Again, a second time,
He went away and
prayed,*





Matthew


26:44

So He left them, went away again, and prayed the third time, saying the same words.

Matthew 26:37

*“He began to
be sorrowful.”*

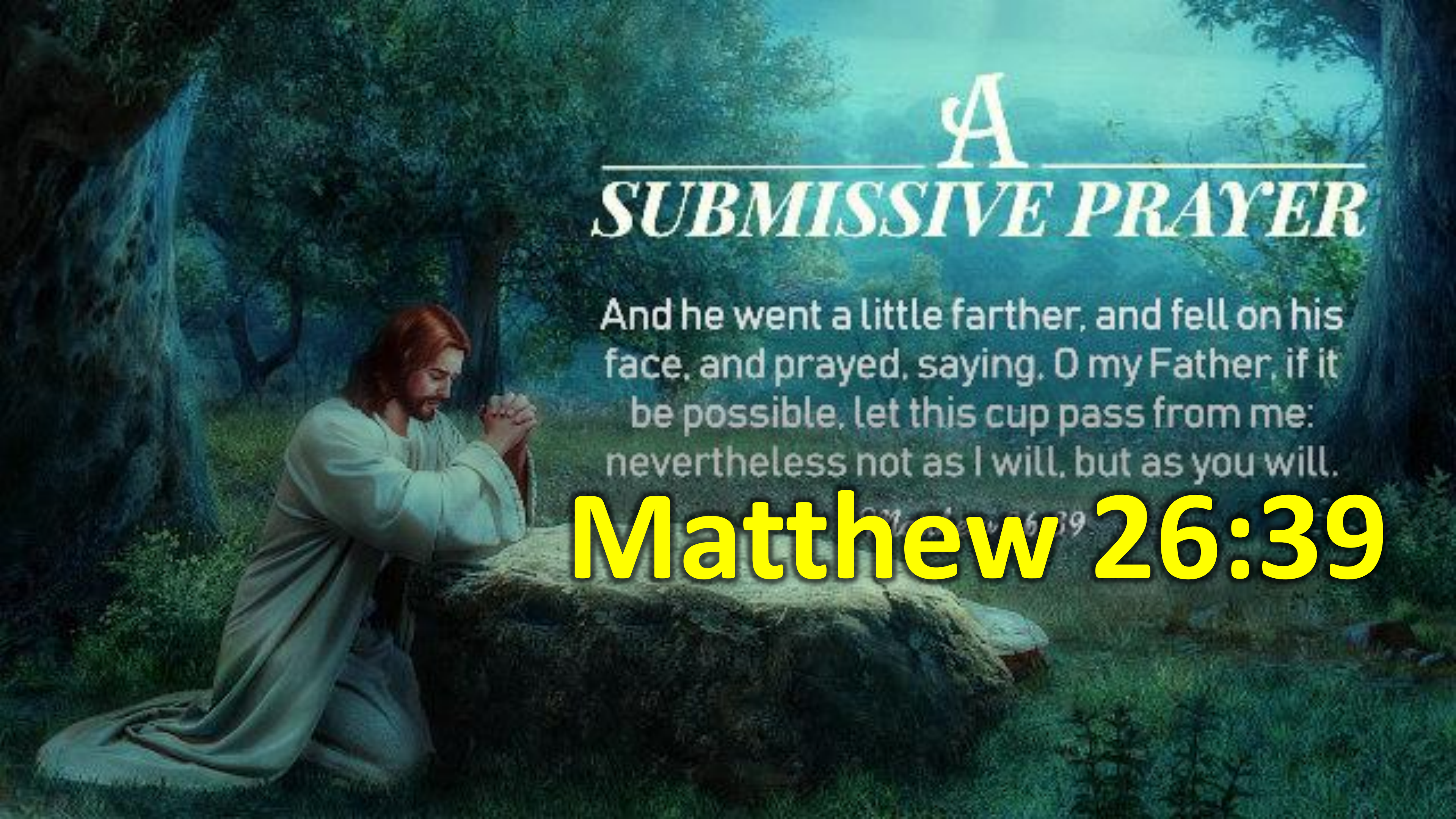




Luke 22:41

*And He was withdrawn
from them about a
stone's throw, and He
knelt down and prayed,*





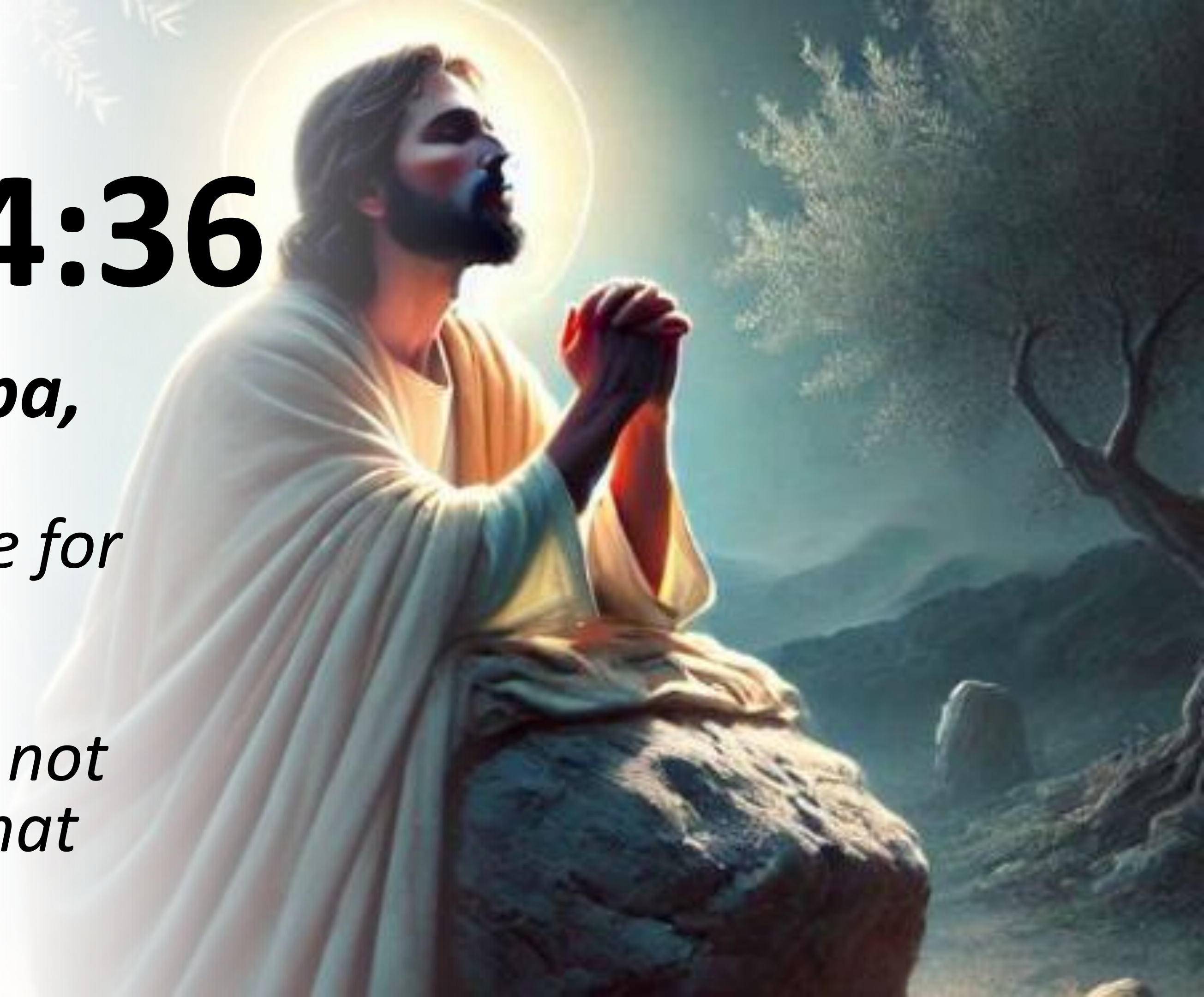
A *SUBMISSIVE PRAYER*

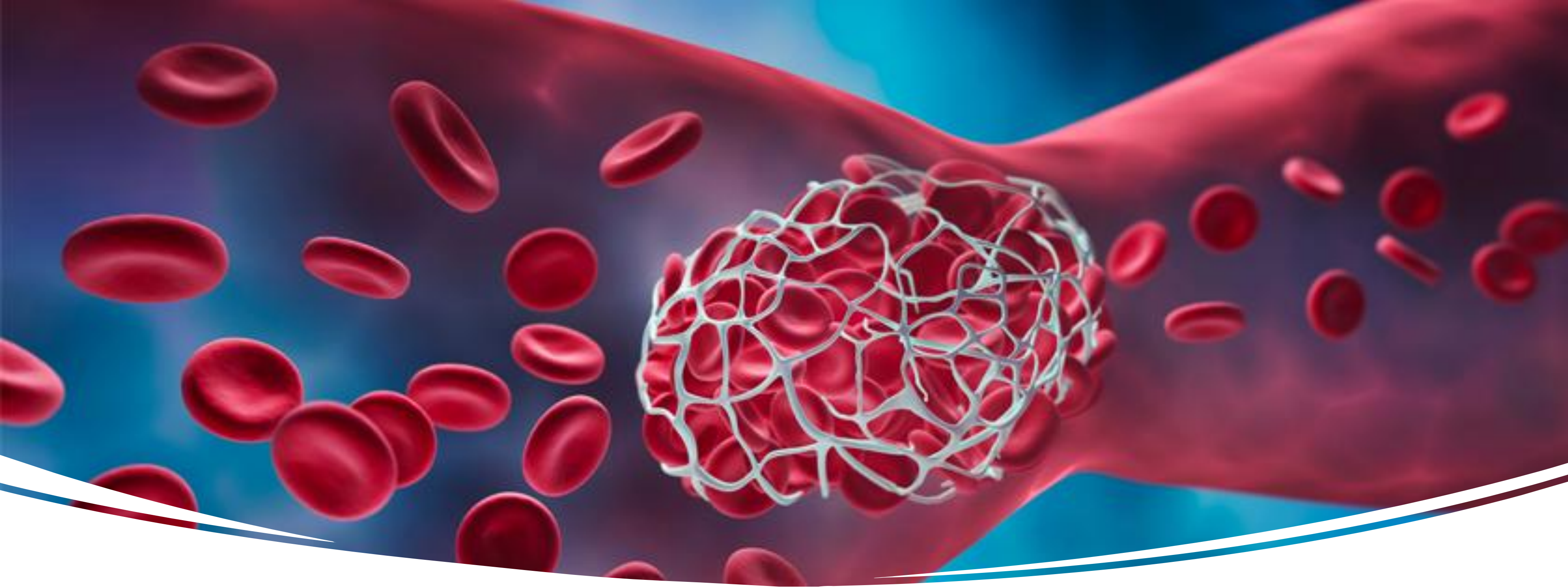
And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as you will.

Matthew 26:39

Mark 14:36


*And He said, “**Abba, Father**, all things are possible for You. Take this cup away from Me; nevertheless, not what I will, but what You will.”*





Thrombos

**is from we get
thrombosis, means
clots.**



Psalm 75:8

*For in the hand of
the Lord there is a cup,
And the wine is red; It is
fully mixed, and He
pours it out; Surely its
dregs shall all the
wicked of the earth
Drain and drink down.*

Isaiah 51:17

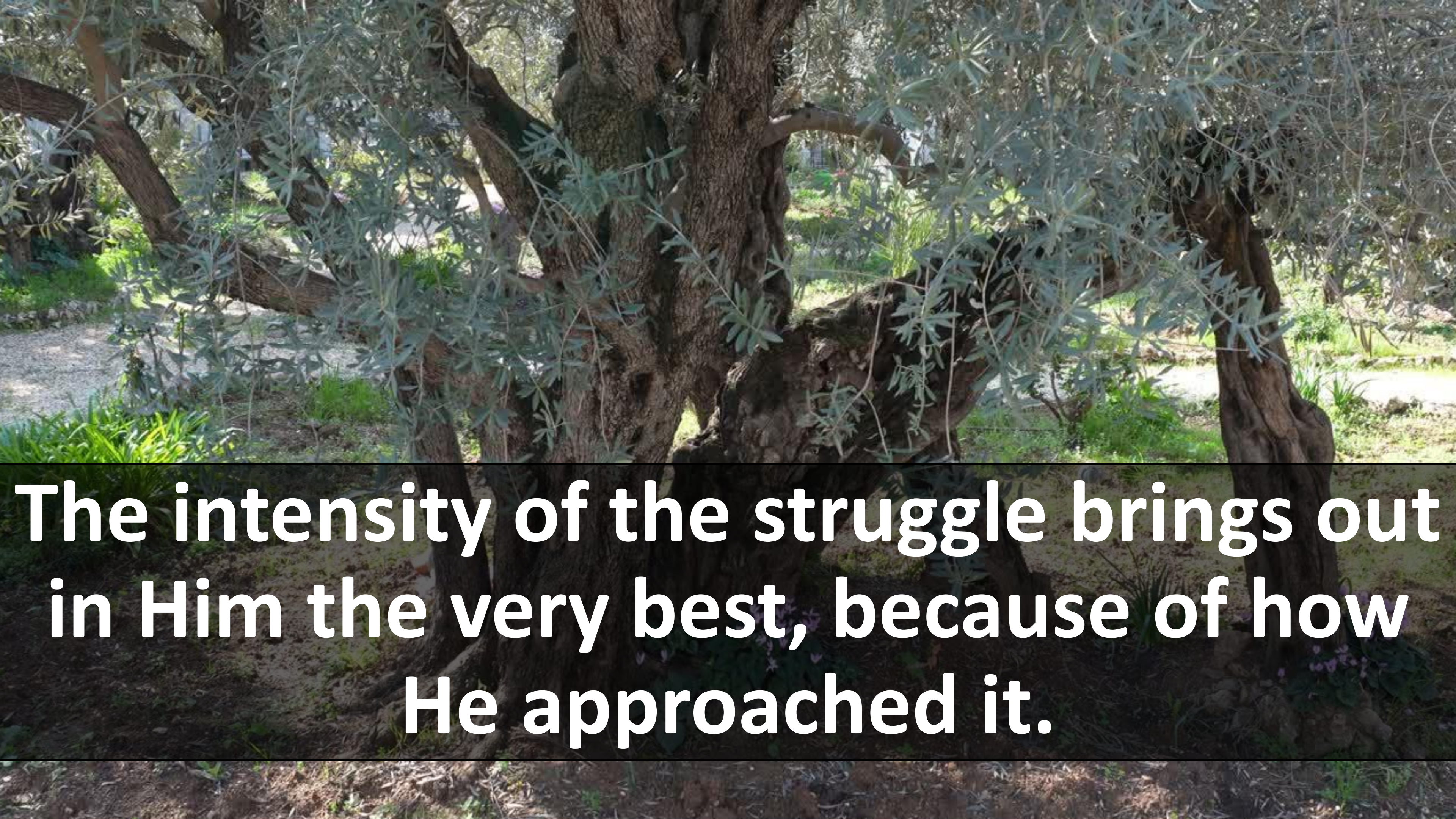
Awake, awake! Stand up, O Jerusalem, You who have drunk at the hand of the Lord The cup of His fury; You have drunk the dregs of the cup of trembling, And drained it out.



A detailed illustration of a man with a long, grey beard and hair, wearing a dark, textured robe. He is looking down intently as he pours water from a small, ornate silver pitcher into a larger, decorated ceramic cup. The scene is set on a wooden surface with several dark, round objects scattered around. The lighting is dramatic, with strong highlights and deep shadows, creating a somber and contemplative atmosphere.

Jeremiah 49:12

*For thus says the Lord:
“Behold, those whose
judgment was not to drink
of the cup have assuredly
drunk. And are you the one
who will altogether go
unpunished? You shall not
go unpunished, but you shall
surely drink of it.*

A large, gnarled olive tree with silvery-green leaves, standing in a garden or courtyard. The tree's trunk is thick and twisted, with many smaller branches extending outwards. The leaves are small and have a characteristic silvery underside. The background shows a gravel path and other greenery, suggesting a well-maintained outdoor space.

**The intensity of the struggle brings out
in Him the very best, because of how
He approached it.**