

Man of Sorrows




JESUS SON OF SORROW!



MATTHEW 26:36-46


MARK 14:32-42, LUKE 22:39-46



Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there." ³⁷ And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed. ³⁸ Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me." ³⁹ He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You will."

⁴⁰ Then He came to the disciples and found them sleeping, and said to Peter, "What! Could you not watch with Me one hour?"

MATTHEW 26:36-46



Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.” 42 Again, a second time, He went away and prayed, saying, “O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done.” 43 And He came and found them asleep again, for their eyes were heavy. 44 So He left them, went away again, and prayed the third time, saying the same words. 45 Then He came to His disciples and said to them, “Are you still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners. 46 Rise, let us be going. See, My betrayer is at hand.”

MATTHEW 26:36-46

**“I AM NEVER MORE VEXED WITH
MYSELF THEN WHEN I HAVE DONE
MY VERY BEST TO EXTOL HIS
DEAR NAME. WHAT IS IT BUT
HOLDING A CANDLE TO THE SUN?”**



G.H. SPURGEON

**WE LOVE TO FOCUS ON THE CROSS,
BUT WE MISS THE GARDEN.**





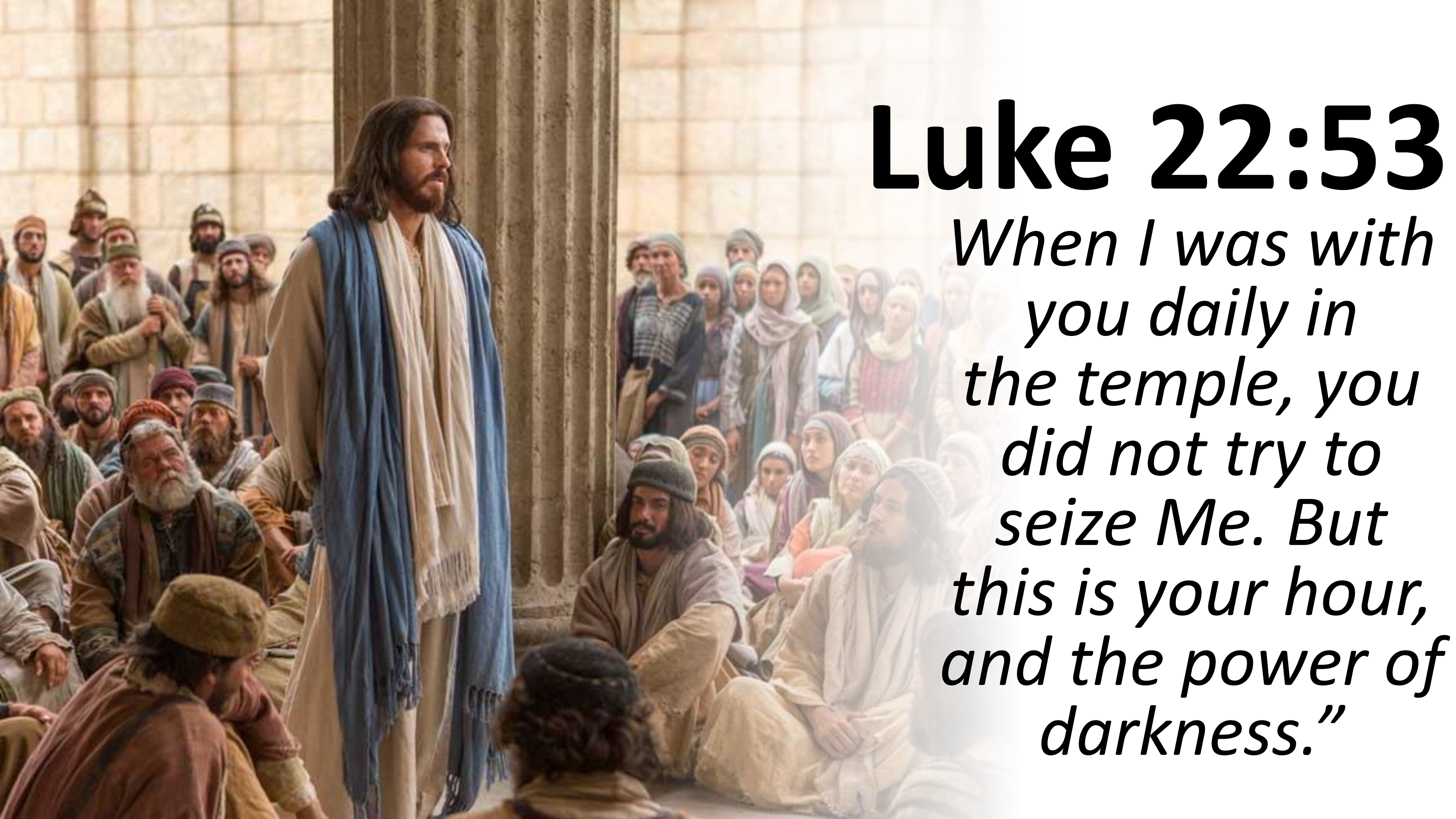
Luke 22:3

Then Satan entered Judas, surnamed Iscariot, who was numbered among the twelve.



John 14:30

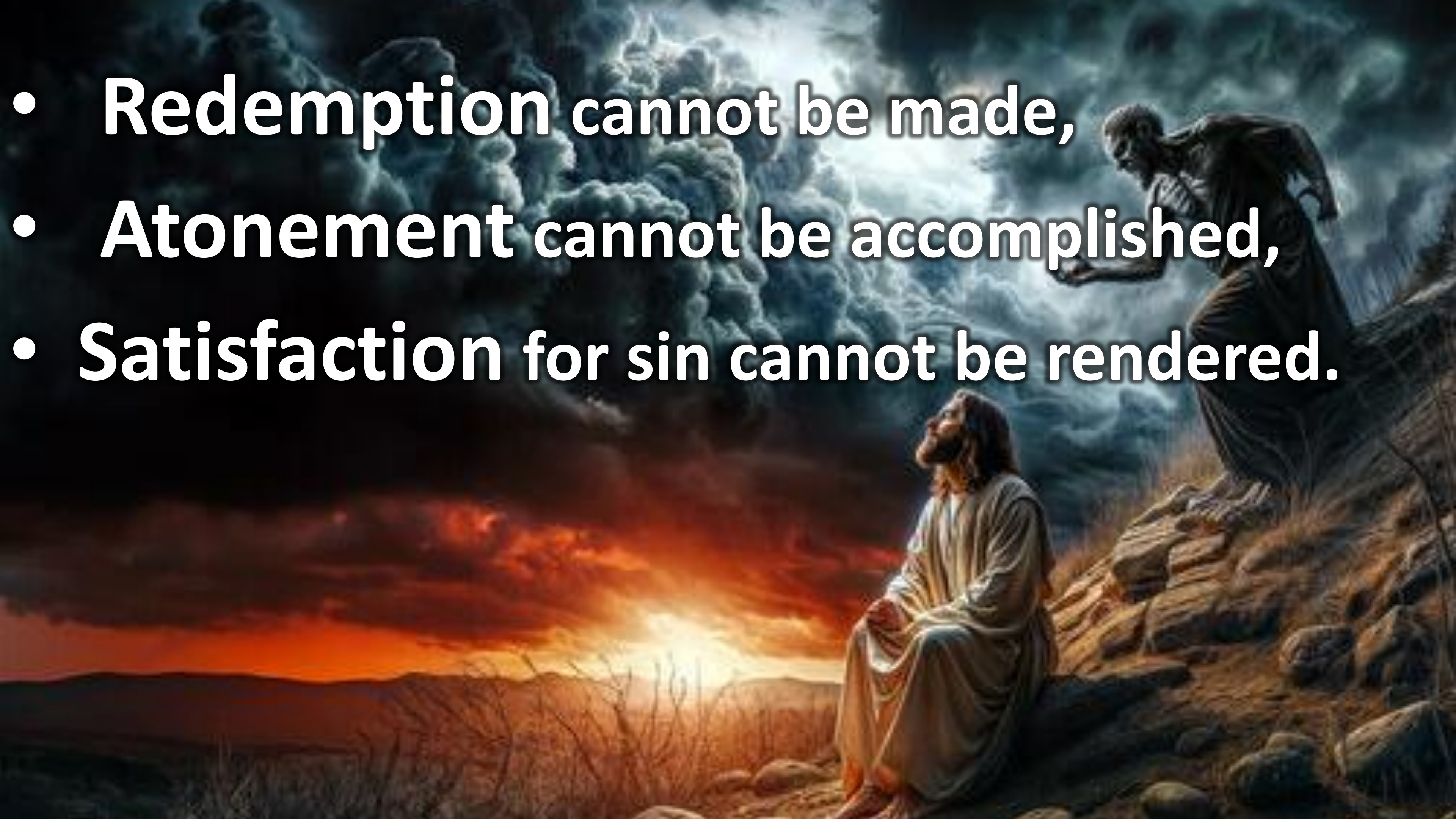
I will no longer talk much with you, for the ruler of this world is coming, and he has nothing in Me.



Luke 22:53

When I was with you daily in the temple, you did not try to seize Me. But this is your hour, and the power of darkness.”

- **Redemption cannot be made,**
- **Atonement cannot be accomplished,**
- **Satisfaction for sin cannot be rendered.**





Matthew 26:36

Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there."

**Gethsemane means
“olive press.”**



Matthew

26:37

“He took with Him Peter and the two sons of Zebedee, who were James and John.”



Sorrow



Matthew 26:37

*“He began to
be sorrowful.”*





Matthew 26:38

Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me."

Matthew 26:38

Then He said to them, "My soul is exceedingly sorrowful, even to death. Stay here and watch with Me."





Isaiah 53:3

*He is despised
and rejected by men, A
Man of sorrows
and acquainted
with grief. And we hid,
as it were, our faces
from Him; He was
despised, and we did
not esteem Him.*



MAN OF
SORROWS

Jesus is a

man of

sorrows.





Isaiah 53:4

*Surely He has borne
our griefs And
carried our sorrows;
Yet we esteemed
Him stricken,
Smitten by God,
and afflicted.*

Isaiah 53:11

*He shall see the labour of
His soul, and be satisfied.
By His knowledge My
righteous Servant
shall justify many, For He
shall bear their iniquities.*



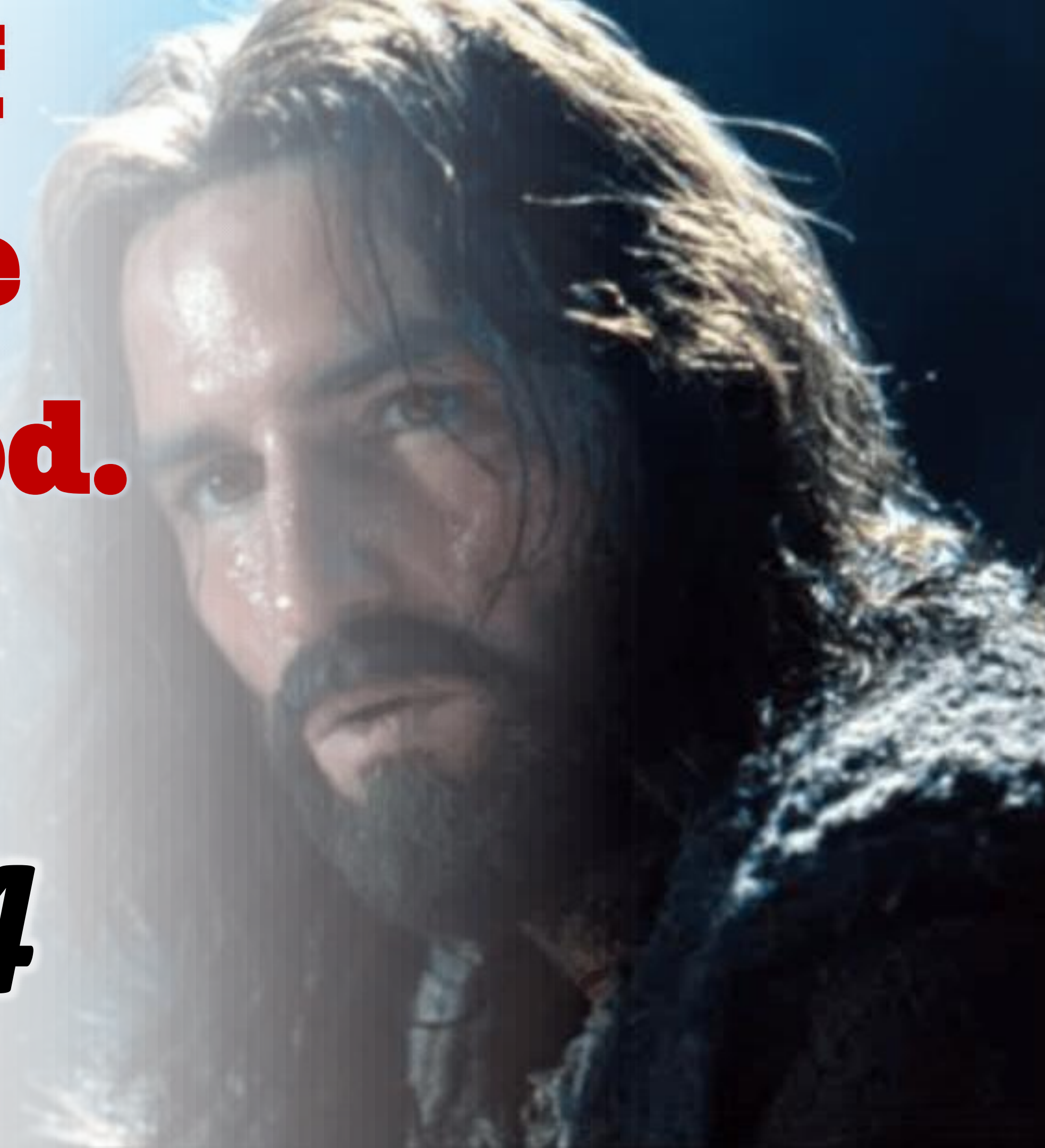
**The suffering
is more than
we can
understand or
even explain.**



**In the midst of
His sorrow, He
cried out to God.**

Matthew

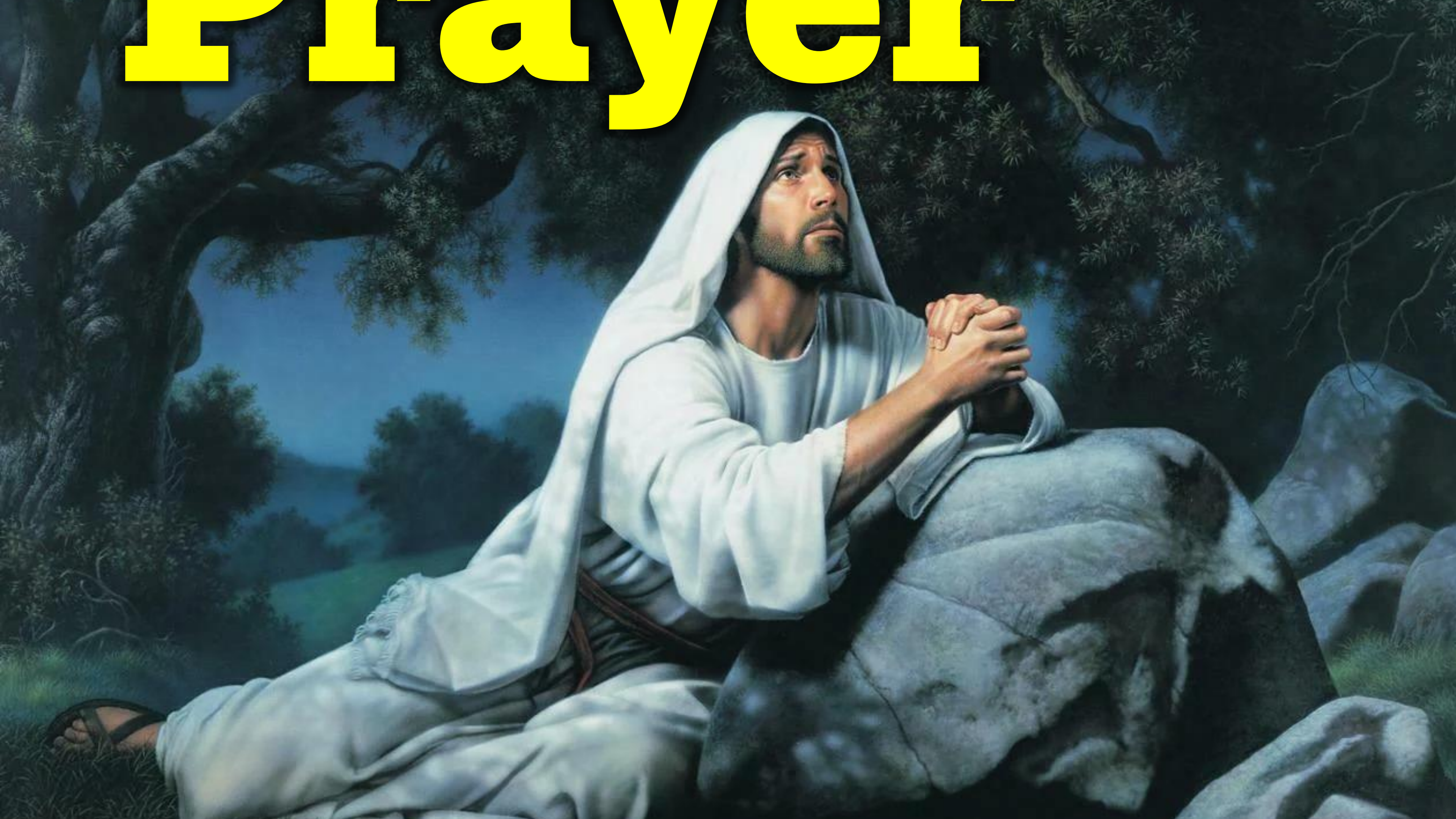
26:39,42,44



**Jesus gives us
also a lesson
about how to
face the
temptation.**



Prayer



A man in a white robe with a red sash is lying on the ground in a dark, wooded setting. He is in a prayerful posture, with his hands clasped near his face. A bright beam of light shines down on him from a tree on the left. The background is dark and atmospheric.

Matthew 26:39

*He went a little
farther and fell on
His face, and
prayed,*

A digital illustration of Jesus Christ kneeling in prayer in a forest. He is wearing a white robe and has his hands clasped in front of him. The background shows a dense forest with tall trees and a path leading into the distance. The lighting is soft and natural, suggesting a peaceful setting.

A *SUBMISSIVE PRAYER*

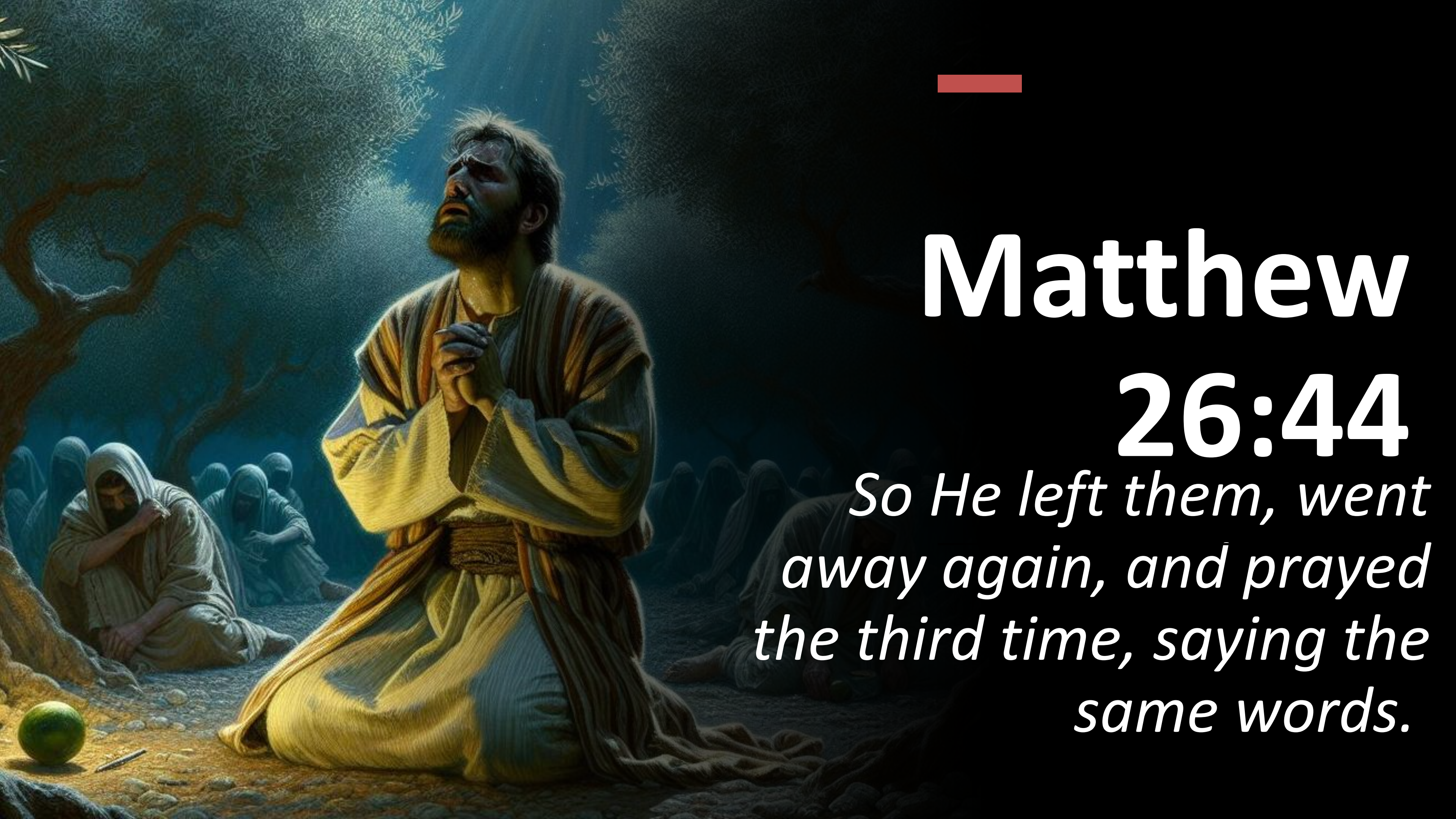
And he went a little farther, and fell on his face, and prayed, saying, O my Father, if it be possible, let this cup pass from me: nevertheless not as I will, but as you will.

Matthew 26:39

Matthew 26:42

*Again, a second time,
He went away and
prayed,*

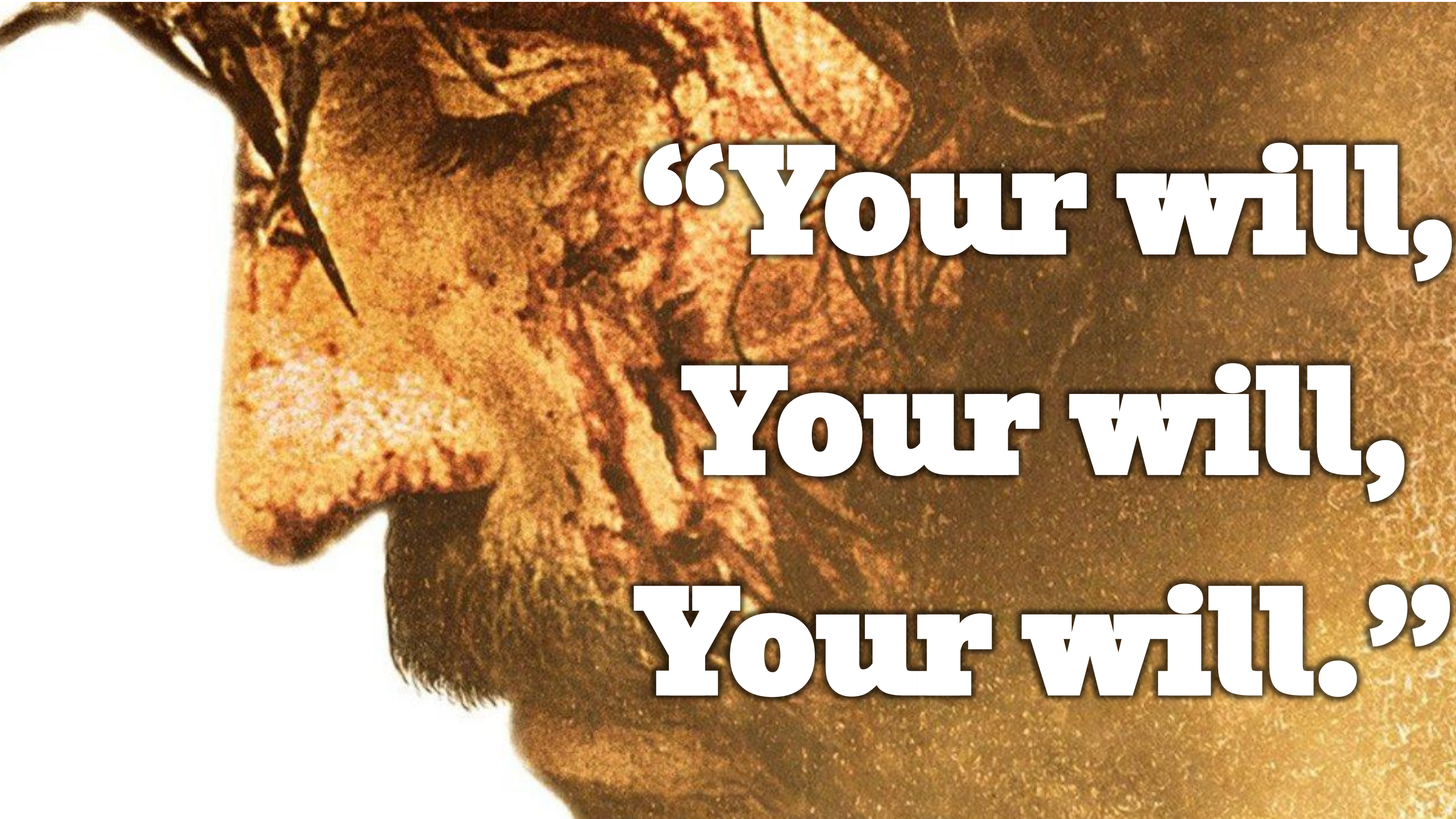




Matthew

26:44

So He left them, went away again, and prayed the third time, saying the same words.



**“Your will,
Your will,
Your will.”**

John 12:23-27

But Jesus answered them, saying, "The hour has come that the Son of Man should be glorified. ²⁴ Most assuredly, I say to you, unless a grain of wheat falls into the ground and dies, it remains alone; but if it dies, it produces much grain. ²⁵ He who loves his life will lose it, and he who hates his life in this world will keep it for eternal life. ²⁶ If anyone serves Me, let him follow Me; and where I am, there My servant will be also. If anyone serves Me, him My Father will honour.





Luke 22:44

*And being in agony,
He prayed more
earnestly. Then His
sweat became like
great drops of blood
falling down to the
ground.*

An illustration depicting a scene from the Bible. In the foreground, Jesus is kneeling on the ground, his head bowed in prayer. He has long brown hair and a beard, and is wearing a white robe with a red sash. His right hand is raised towards the sky. Behind him, a large, gnarled tree trunk is visible. In the background, a misty, ethereal light emanates from a mountainous landscape. An angel, depicted as a young man with golden hair and a white, flowing robe, stands in the light, looking towards Jesus. The overall scene is set in a dark, forested area with a path leading towards the light.

Luke 22:43

*Then an angel
appeared to
Him from
heaven,
strengthening
Him.*

Hebrews 5:7

who, in the days of His flesh, when He had offered up prayers and supplications, with vehement cries and tears to Him who was able to save Him from death, and was heard because of His godly fear,



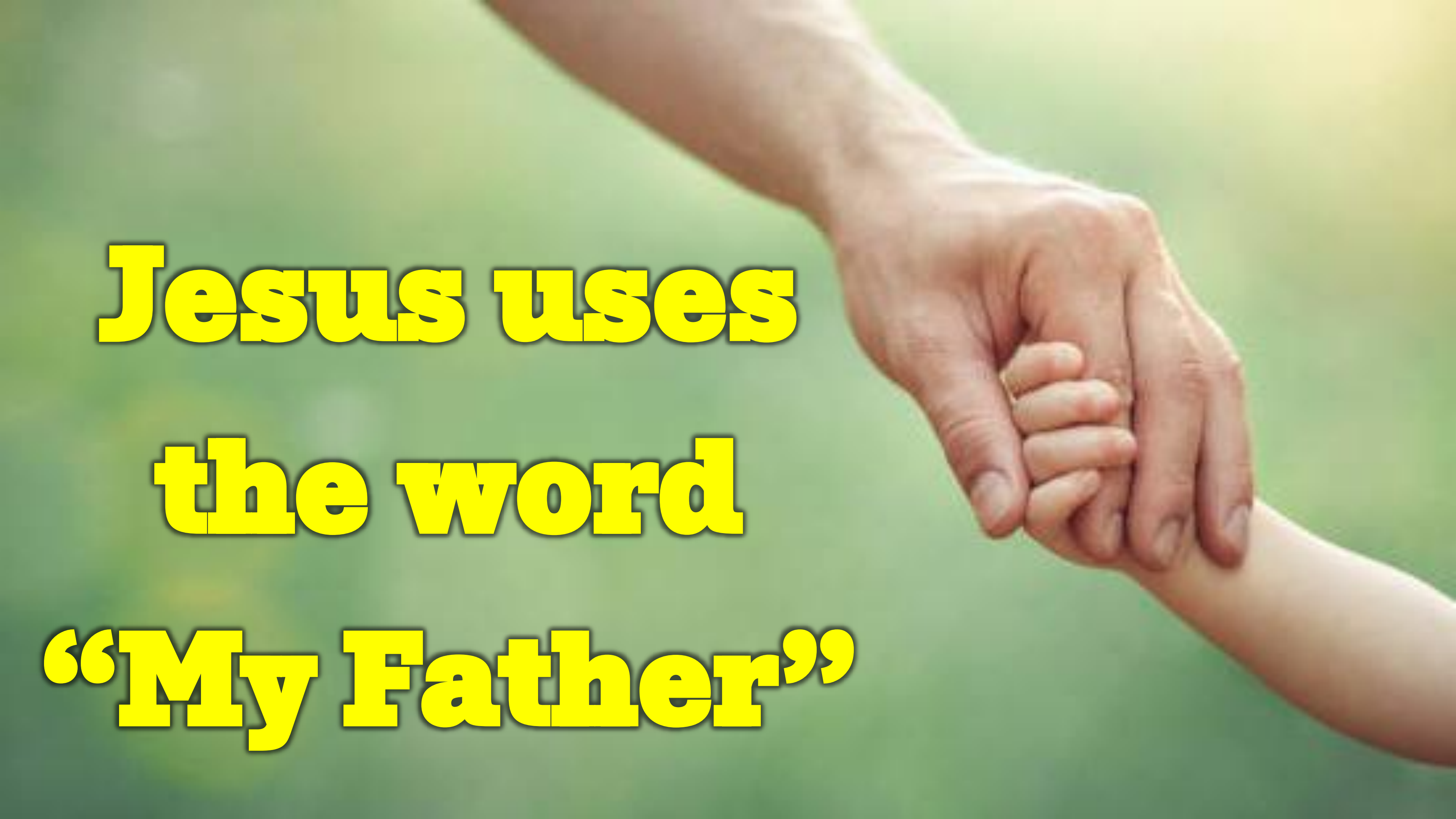


**The anguish is absolutely
unimaginable to us.**

Matthew 26:42

*Again, a second time,
He went away and
prayed, saying, "O My
Father, if this cup
cannot pass away
from Me unless I
drink it, Your will be
done."*





**Jesus uses
the word
“My Father”**

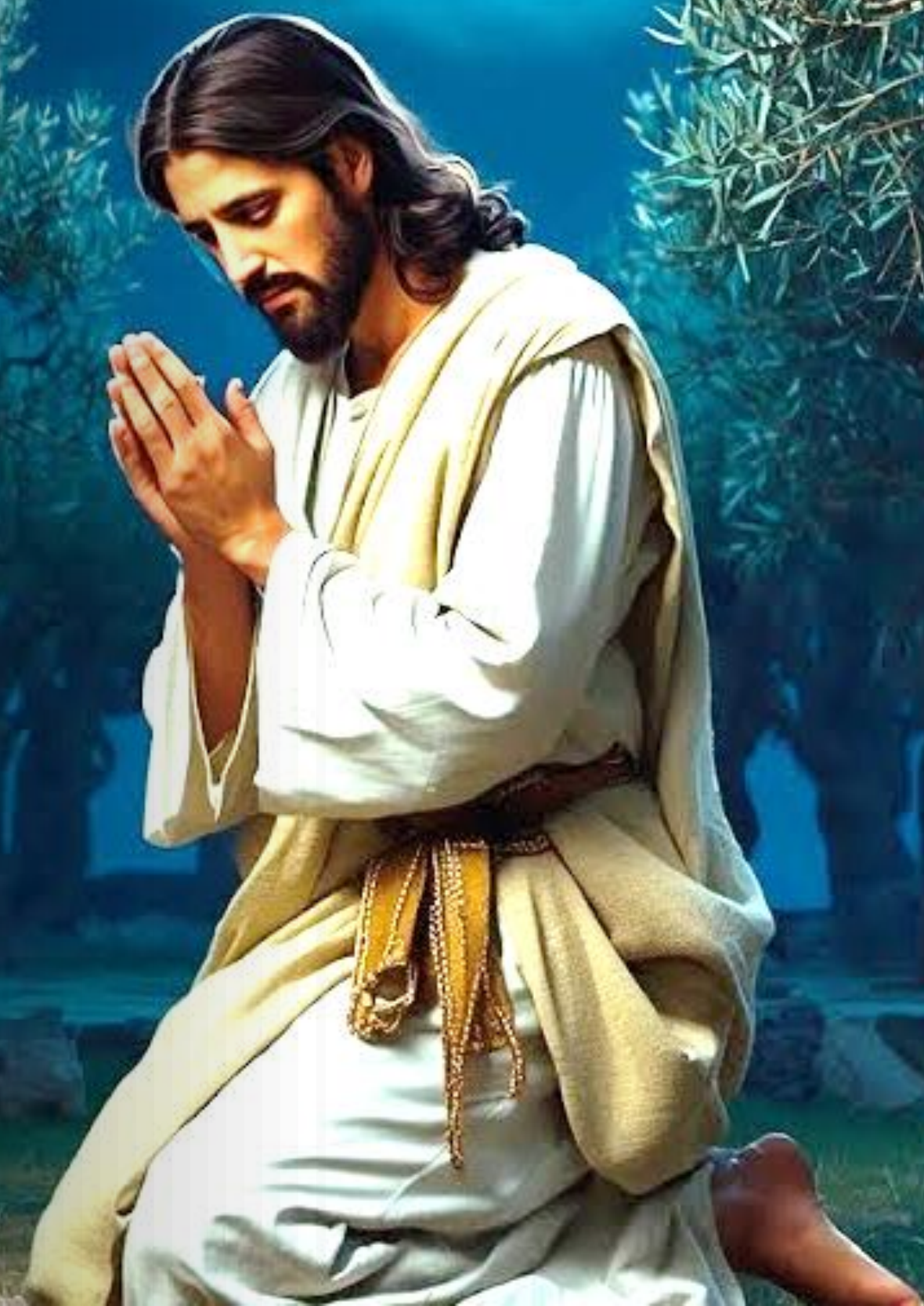
First, He said, “If it can pass, let it pass.”

**Now He says, “If it can’t pass, then Your
will be done.”**



Matthew 26:44

*So He left them,
went away again,
and prayed the third
time, saying the
same words.*



- First time He said, “If it can pass, let it pass,”
- Second time, “If it can’t pass, I will do it,”
- Third time, “Since it can’t pass, let it happen.”





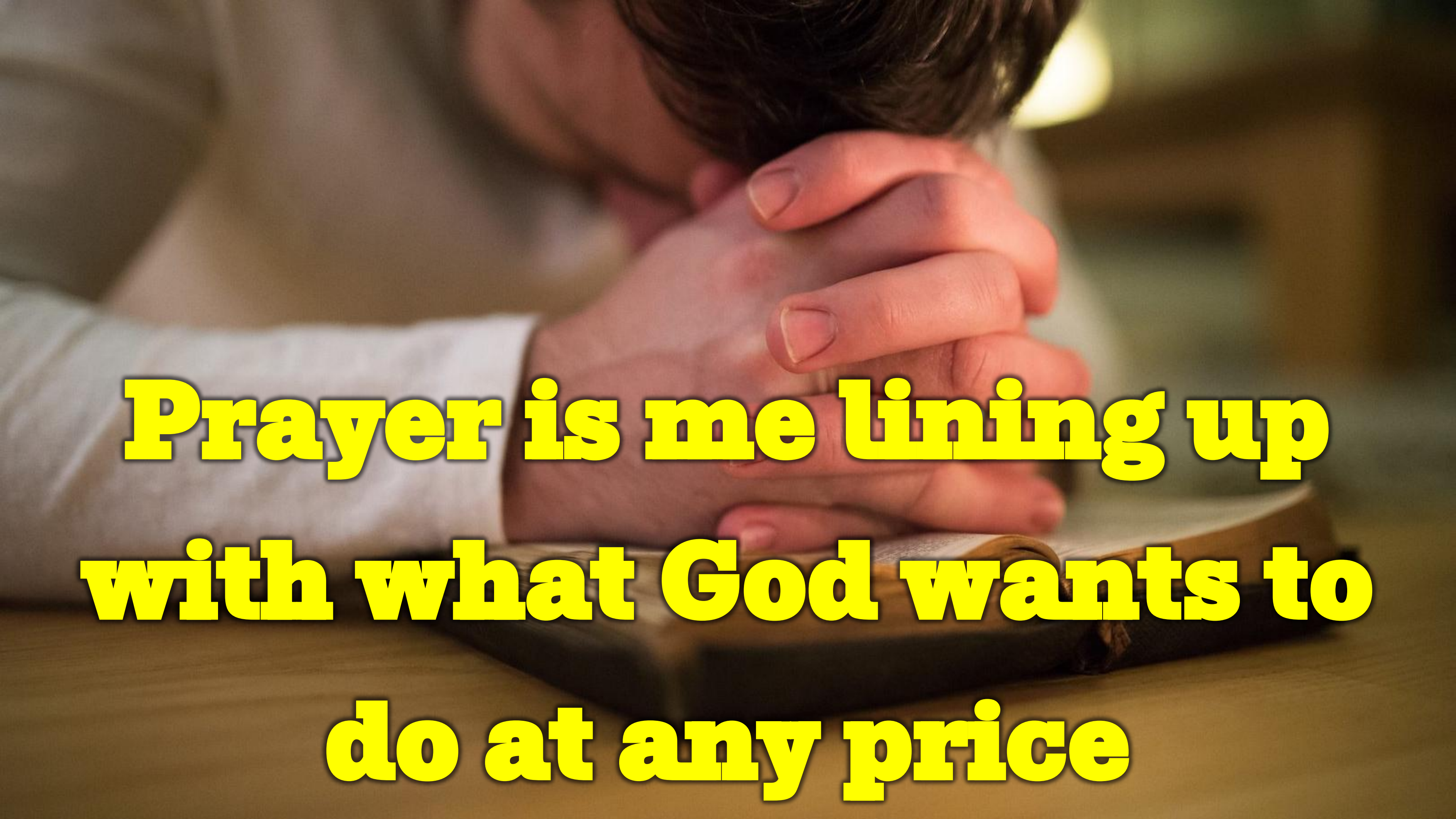
Matthew 4

A close-up photograph of a person's hands clasped together in a prayerful gesture, resting on an open book. The background is softly blurred, showing more books on a shelf. The lighting is warm and natural, highlighting the texture of the skin and the pages of the book.

Prayer

in this is

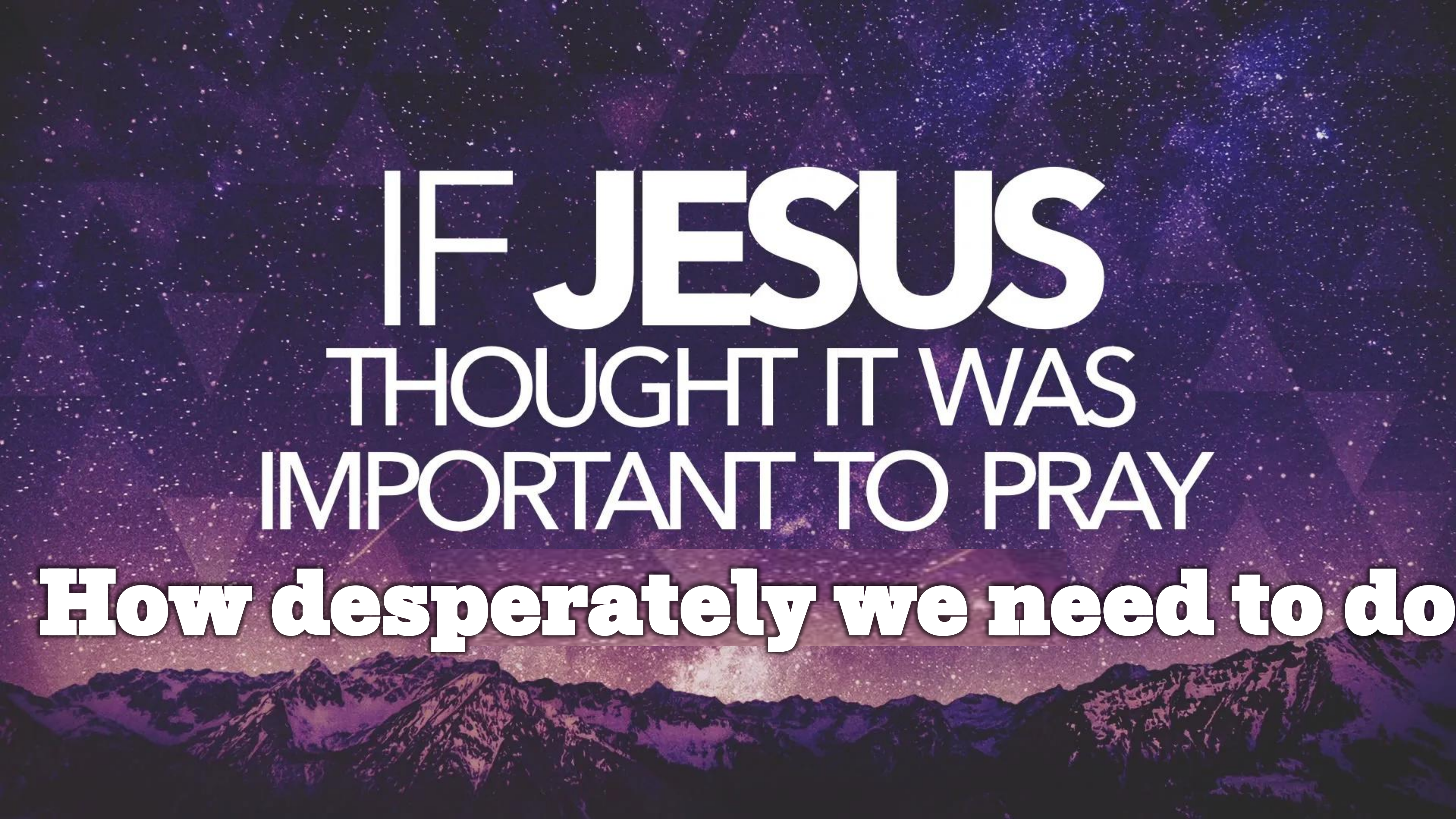
so vital



**Prayer is me lining up
with what God wants to
do at any price**



**Satan comes and wants to
divert us from the will of God to
fulfil our own satisfaction**



IF JESUS
THOUGHT IT WAS
IMPORTANT TO PRAY

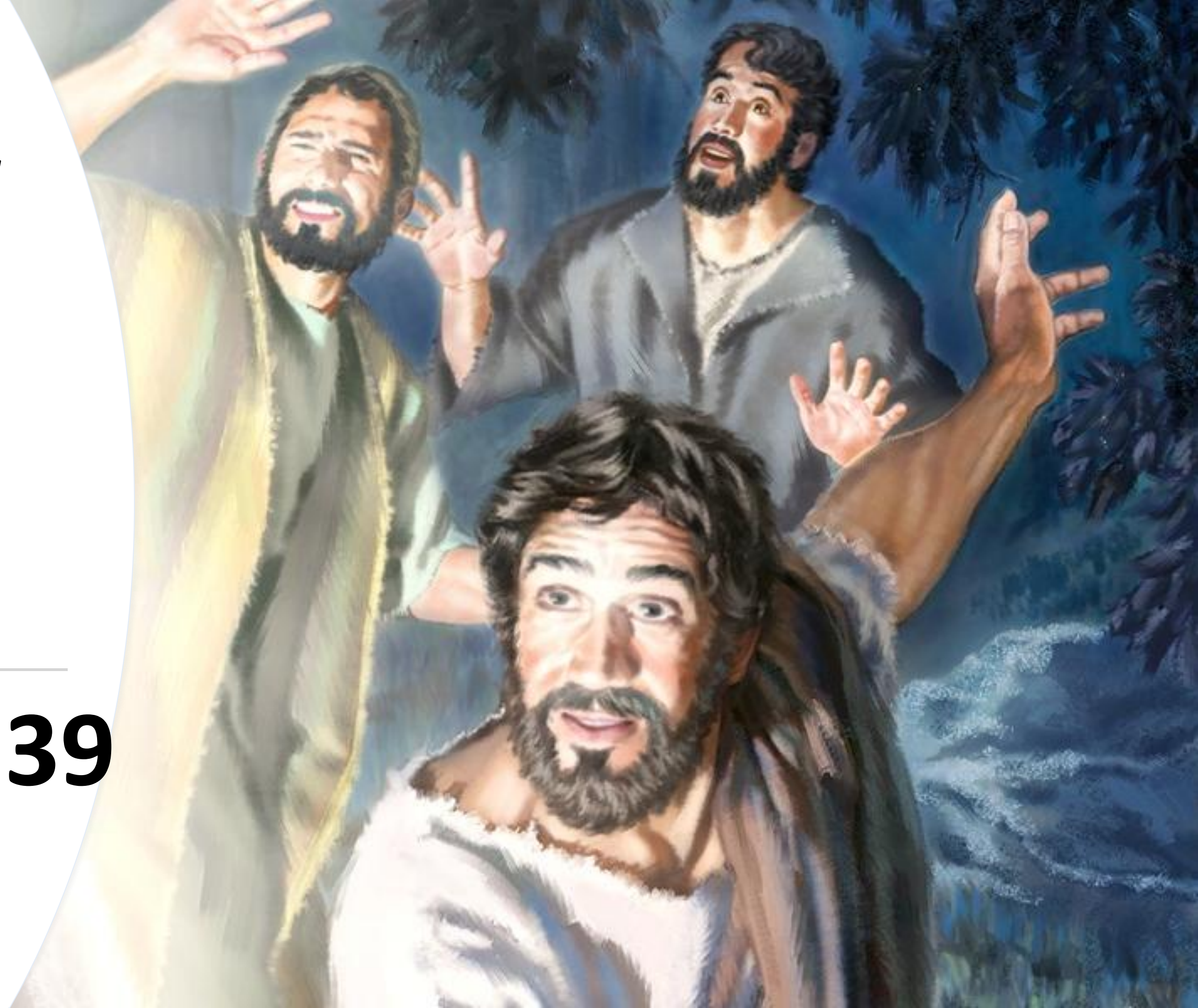
How desperately we need to do

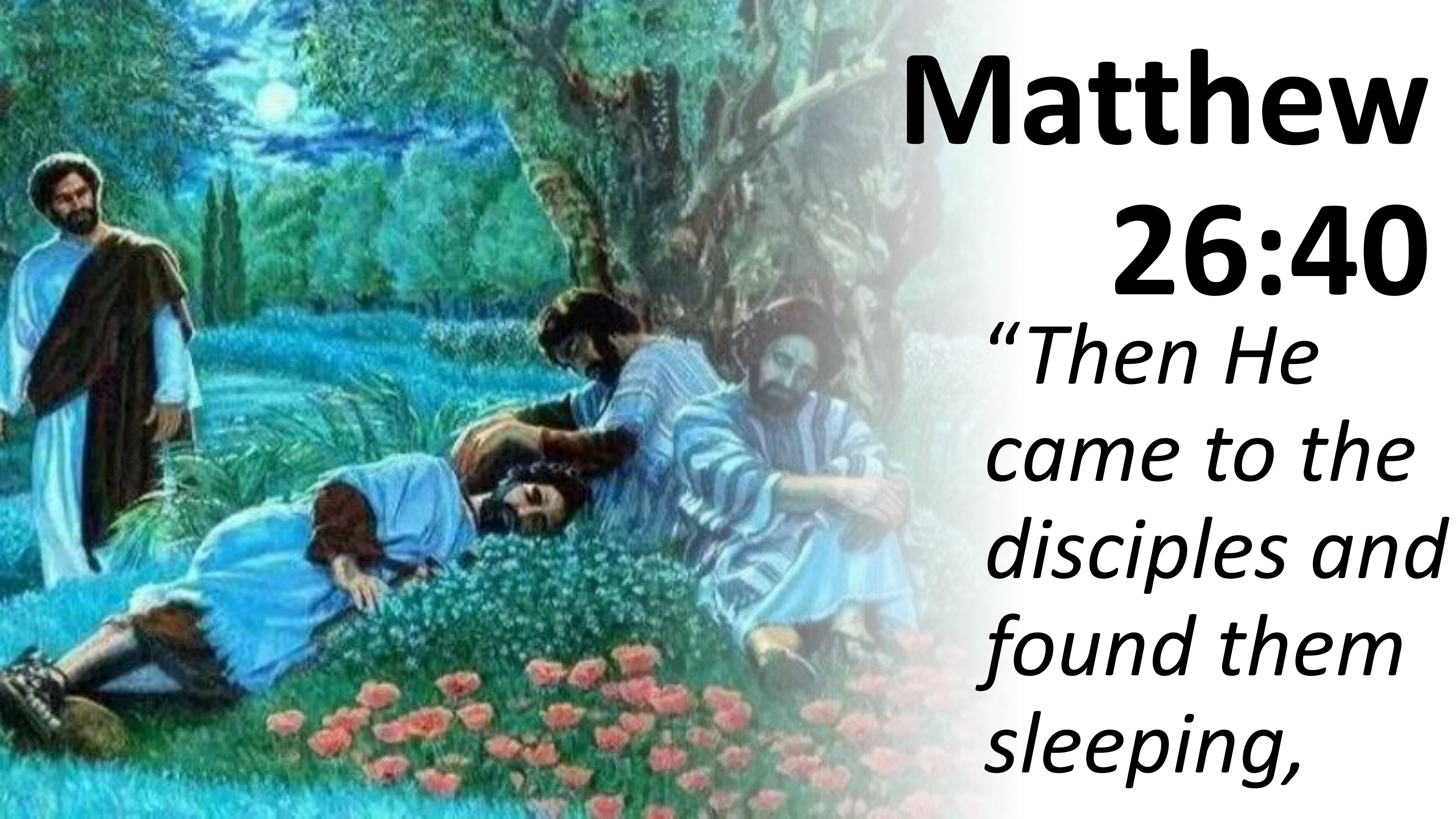
Sleep



*And he went a
little further,
and fell on his
face, and
prayed,*

Matthew 26:39





Matthew

26:40

*“Then He
came to the
disciples and
found them
sleeping,*



—

Matthew

26:41

“Watch and pray”

A shepherd in a purple shirt and dark vest stands in a field, holding a long wooden staff. He is surrounded by a flock of sheep, some white and some brown. The background shows trees and a clear sky.

Matthew 26:31

*Then Jesus said to them, "All of you will be made to stumble because of Me this night, for it is written:
I will strike the Shepherd, And the sheep of the flock will be scattered."*

**The price of victory spiritually
is always vigilance.**





—

Matthew

26:40

“Then He came to the disciples and found them sleeping,

Luke 22:45

When He rose up from prayer, and had come to His disciples, He found them sleeping from sorrow.



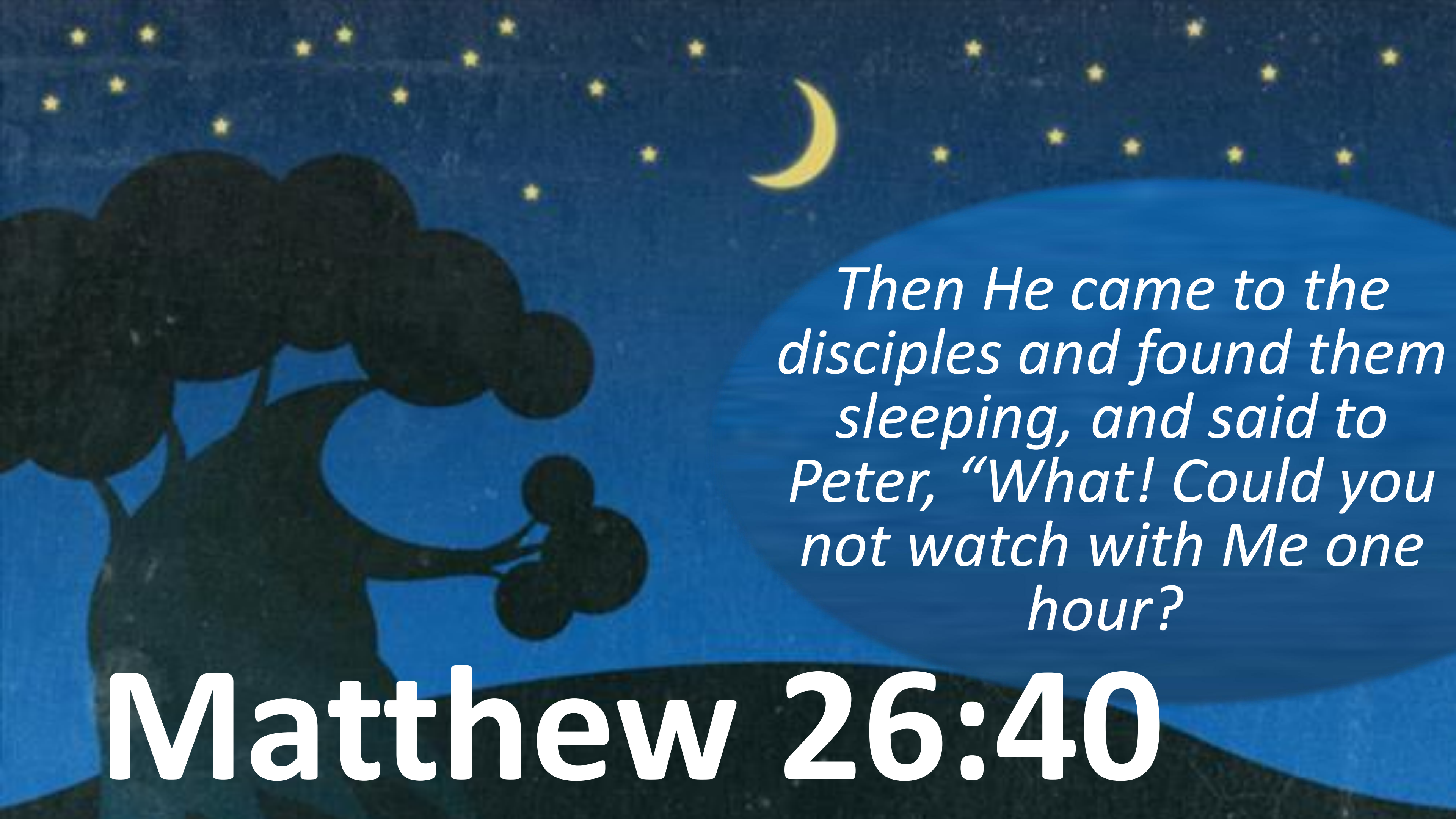


**When you get very depressed,
you like to escape with sleep.**



Luke 9:32

But Peter and those with him were heavy with sleep; and when they were fully awake, they saw His glory and the two men who stood with Him.

A night sky with a crescent moon, stars, and a silhouette of a tree. The background is a dark blue gradient with a lighter blue circular glow behind the text. The tree silhouette is on the left side of the image.

*Then He came to the
disciples and found them
sleeping, and said to
Peter, "What! Could you
not watch with Me one
hour?"*

Matthew 26:40

A dramatic scene of Jesus standing on the right, looking down at a group of his disciples who are all sleeping on the floor. The lighting is warm and focused on Jesus, with the disciples in the shadows. The background shows a simple interior with a doorway.

Matthew

26:43

And He came and found them asleep again, for their eyes were heavy.



Matthew 26:44-45

So He left them, went away again, and prayed the third time, saying the same words. ⁴⁵ Then He came to His disciples and said to them, “Are you still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners.

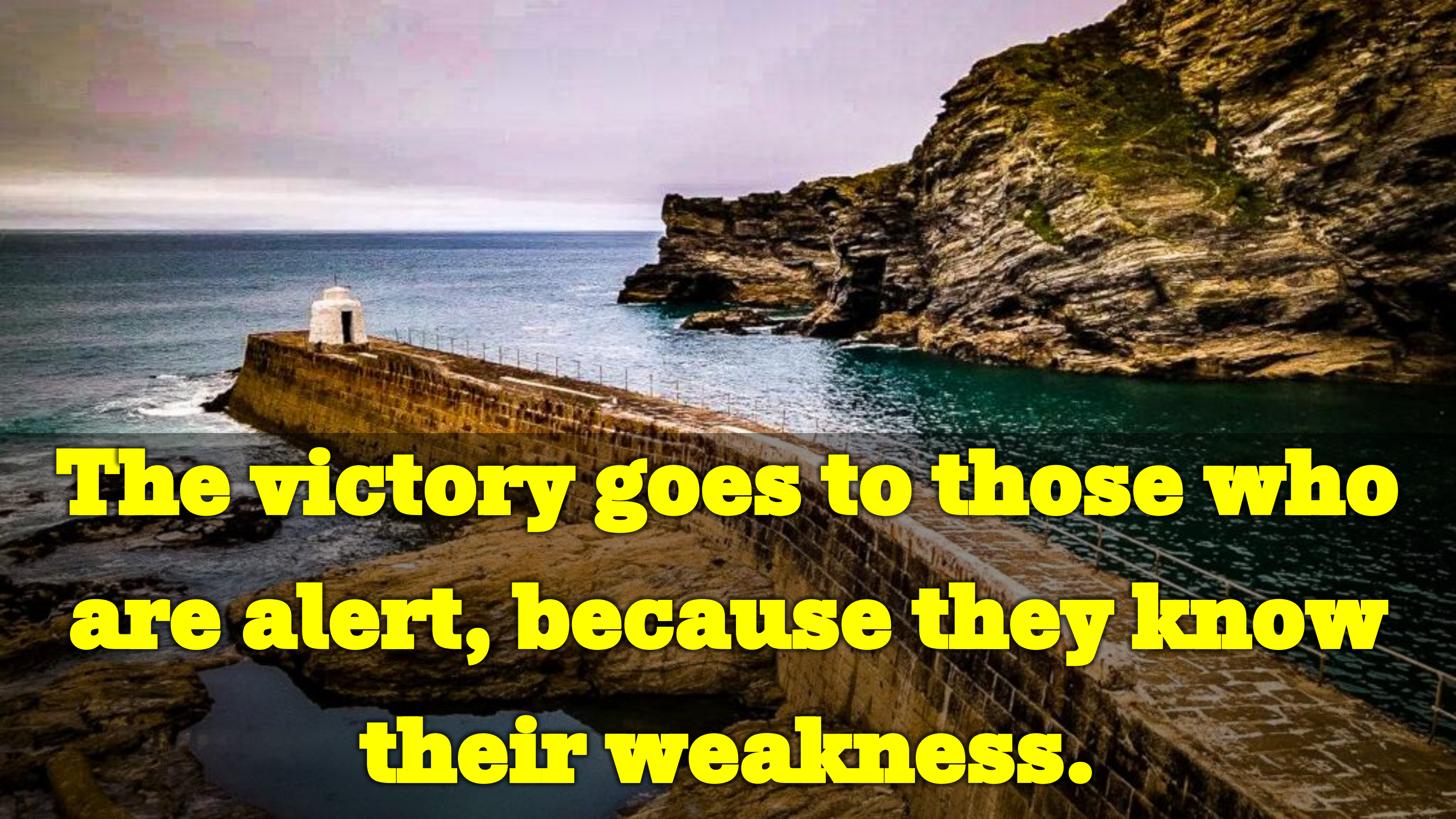
**Weak men
were
indifferent to
the needs of
Christ.**





Matthew 26:56

But all this was done that the Scriptures of the prophets might be fulfilled.” Then all the disciples forsook Him and fled.



**The victory goes to those who
are alert, because they know
their weakness.**

Strength



A close-up photograph of a man with dark hair, wearing a blue hoodie, sleeping peacefully with his eyes closed. He is lying down, and his head is resting on a surface. The lighting is soft and focused on his face.

Matthew 26:45

Then He came to His disciples and said to them, "Are you still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners."



The sinless one given to sinners



Matthew

26:46

*Rise, let us be going.
See, My betrayer is
at hand.”*

Rise, let us be going





John 18:4-6

Jesus therefore, knowing all things that would come upon Him, went forward and said to them, “Whom are you seeking?”⁵ They answered Him, “Jesus of Nazareth.” Jesus said to them, “I am He.” And Judas, who betrayed Him, also stood with them.⁶ Now when He said to them, “I am He,” they drew back and fell to the ground.

A wooden cross stands on an open book against a sunset sky. The sun is low on the horizon, casting a warm, golden glow over the scene. The cross is positioned in the center-left of the frame, and the open book is in the foreground. The sky is filled with soft, white clouds, and the overall atmosphere is peaceful and contemplative.

Hebrews 12:2


*looking unto Jesus,
the author and finisher
of our faith, who for the
joy that was set before
Him endured the cross,
despising the shame,
and has sat down at the
right hand of the throne
of God.*

**resist the devil
and he will run
from you.**



**The Word and
prayer that is
the two-edged
sword with
which we defeat
the enemy.**





Matthew 26:46

*“The Son of Man is
betrayed into the
hands of sinners.”*

**“Watch and pray
that you enter not
into temptation.”**





**Do not let your self-
confidence lull you to sleep.**

then the Lord knows how to deliver the godly out of temptations and to reserve the unjust under punishment for the day of judgment,

2 Peter 2:9



**God knows how to deliver
the godly out of temptation.**





Matthew 6:13

*And do not lead us
into temptation,
But deliver us
from the evil one.*

Matthew 26:41

“Because the spirit indeed is willing, but the flesh is weak.”



The spirit
indeed is willing,
but the flesh is weak





Romans 7:15

For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do.



1 Peter 5:8

*Be sober,
be vigilant; because
your adversary the
devil walks about like a
roaring lion, seeking
whom he may devour.*

A stack of smooth, light-colored stones is balanced on a beach at sunset. The stones are stacked vertically, with the largest at the bottom and the smallest at the top. The background shows a beach with many smaller stones and a sunset over the ocean. The sky is a mix of orange, yellow, and blue. The sun is low on the horizon, creating a bright glow and lens flare effects. The overall mood is peaceful and contemplative.

Romans 7:16-18

If, then, I do what I will not to do, I agree with the law that it is good. ¹⁷ But now, it is no longer I who do it, but sin that dwells in me. ¹⁸ For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find.

—
For the good that I will to do, I do not do; but the evil I will not to do, that I practice. ²⁰ *Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me.* ²¹ *I find then a law, that evil is present with me, the one who wills to do good.* ²² *For I delight in the law of God according to the inward man.*



Romans 7:19-23

*O wretched man
that I am! Who will
deliver me from this
body of death? ²⁵ I
thank God—through
Jesus Christ our
Lord! So then, with
the mind I myself
serve the law of
God, but with the
flesh the law of sin.*

Romans 7:24-25



Galatians 5:16

I say then: Walk in the Spirit, and you shall not fulfil the lust of the flesh.

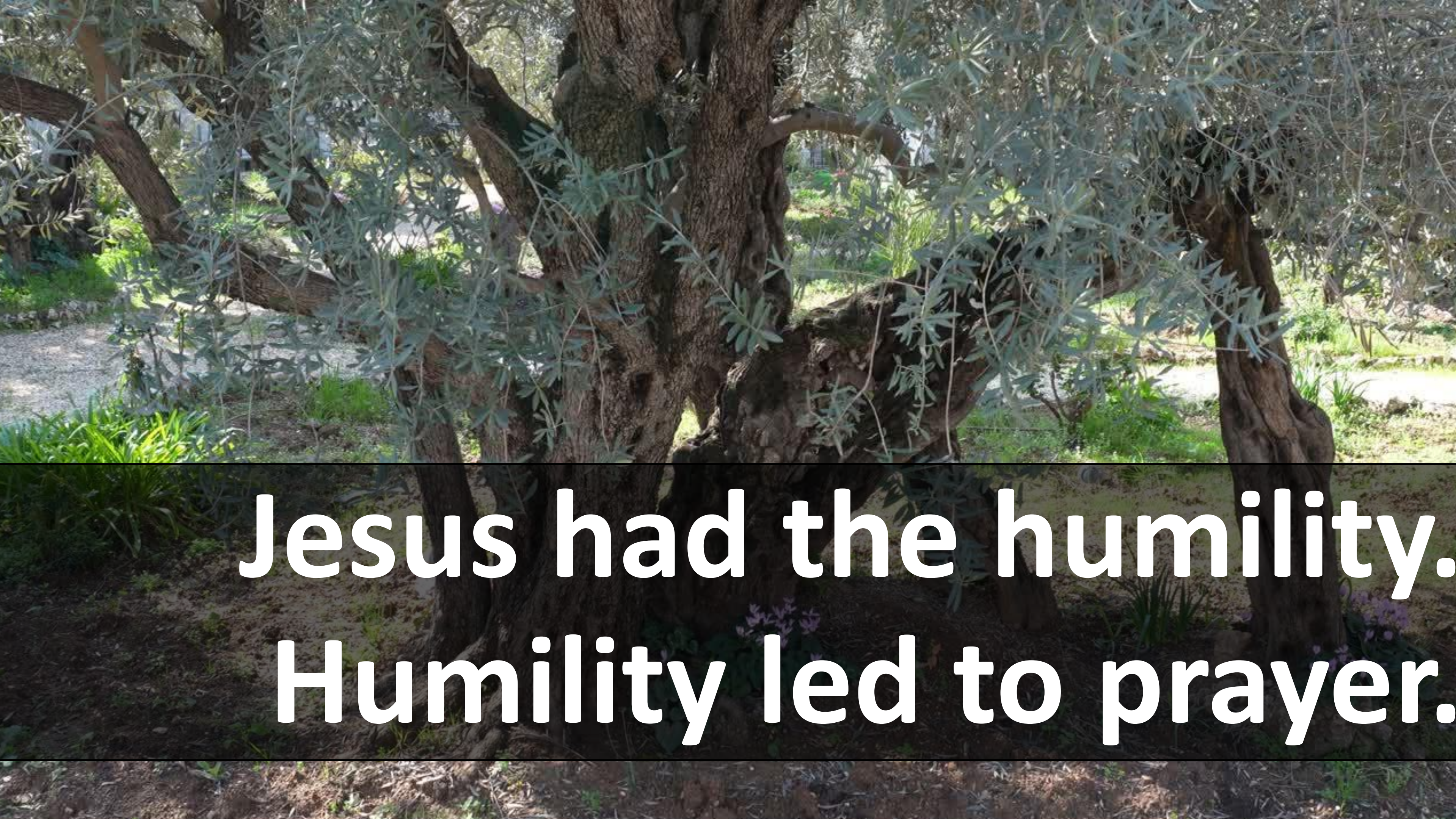
WALK IN THE
SPIRIT

and you shall not fulfill the

lust of the flesh.

GALATIANS 5:16



A large, gnarled olive tree with silvery-green leaves, standing in a garden or courtyard. The tree is the central focus, with its thick, textured trunk and spreading branches. The background shows a gravel path and other greenery, suggesting a well-maintained outdoor space.

**Jesus had the humility.
Humility led to prayer.**